

QR-01

THE SURVIVAL PRIORITY CARD

FRONT

STOP

- Do not panic.
- Do not rush.
- Think.

STAY FOUND

- Know where you are.
- Mark your position.
- Avoid wandering without a plan.

SHELTER

- Protect from cold, heat, wind, rain, snow, and exposure.

WATER

- Locate. Treat. Drink.
- Conserve energy - not water.



FIELD-READY

3 x 5 IN.



QR-01

THE SURVIVAL PRIORITY CARD

BACK

FIRE

- Warmth
- Water
- Cooking
- Signaling
- Morale

MEDICAL AND COMMUNICATION

- Treat injuries early.
- Signal and report.
- Conserve battery power.

FOOD

- Maintain energy.
- Never let hunger override judgment.



FIELD-READY

3 x 5 IN.



QR-02

THE STOP CARD

FRONT

S - STOP

- Stop moving.

T - THINK

- What happened?

O - OBSERVE

- Weather
- Terrain
- Equipment
- Injuries
- Time
- Resources

P - PLAN

- Act deliberately.
- Avoid panic.



FIELD-READY

3 x 5 IN.



QUESTIONS

- Am I injured?
- Am I still on route?
- Can I stay here safely?
- Should I move?
- Who knows where I am?



FIELD-READY

3 x 5 IN.



UNIVERSAL DISTRESS SIGNALS

- Three whistle blasts
- Three flashlight flashes
- Three signal fires - where safe and legal
- Brightly colored ground marker
- Signal mirror

**FIELD-READY****3 x 5 IN.**

SIGNAL PRIORITIES

- Aircraft
- Search teams
- Roads
- Boats
- Other hikers

USE RESOURCES WISELY

- Conserve signaling resources.
- Signal intelligently.

**FIELD-READY****3 x 5 IN.**

QR-04

WEATHER CARD

FRONT

WATCH FOR

- Rapid temperature drop
- Darkening clouds
- Increasing wind
- Thunder
- Lightning
- Fog
- Heavy precipitation



FIELD-READY

3 x 5 IN.



QR-04

WEATHER CARD

BACK

BEFORE CONDITIONS DETERIORATE

- Put on rain gear
- Protect insulation
- Secure shelter
- Fill water containers
- Turn on headlamp before darkness



FIELD-READY

3 x 5 IN.



QR-05

NAVIGATION CARD

FRONT

BEFORE MOVING - KNOW

- Current location
- Destination
- Bearing
- Distance
- Alternate route
- Backstop



FIELD-READY

3 x 5 IN.



IF UNCERTAIN

- Stop.
- Verify map.
- Confirm compass.
- Identify terrain.
- Do not guess.

**FIELD-READY****3 x 5 IN.**

QR-06

WATER CARD

FRONT

WATER PRIORITIES

- Collect
- Treat
- Store
- Drink
- Repeat



FIELD-READY

3 x 5 IN.



QR-06

WATER CARD

BACK

PROTECT CLEAN WATER

- Never contaminate clean water.
- Dirty water -> treatment -> clean storage -> drink



FIELD-READY

3 x 5 IN.



QR-07

FIRE CARD

FRONT

FIRE PRIORITIES

- Fuel
- Air
- Ignition
- Preparation
- Location
- Safety



FIELD-READY

3 x 5 IN.



QR-07

FIRE CARD

BACK

THREE IGNITION METHODS

- Primary
- Backup
- Emergency

PROTECT THE RESERVE

- Never use your last fire starter casually.



FIELD-READY

3 x 5 IN.



QR-08

SHELTER CARD

FRONT

SHELTER PRIORITIES

- Location
- Drainage
- Wind
- Widowmakers
- Water
- Escape routes



FIELD-READY

3 x 5 IN.



QR-08

SHELTER CARD

BACK

BEFORE SLEEPING

- Shelter secure
- Food stored
- Water ready
- Headlamp accessible
- Knife accessible
- Fire prepared



FIELD-READY

3 x 5 IN.



QR-09

MEDICAL CARD

FRONT

TREAT IN ORDER

- Life-threatening bleeding
- Airway
- Breathing
- Circulation
- Minor injuries
- Blisters
- Hydration



FIELD-READY

3 x 5 IN.



QR-09

MEDICAL CARD

BACK

EARLY TREATMENT PREVENTS EVACUATION

- Never ignore hot spots
- Minor cuts
- Wet feet
- Dehydration



FIELD-READY

3 x 5 IN.



QR-10

PACK INSPECTION CARD

FRONT

BEFORE EVERY TRIP

- | | |
|-------------------------------------|--|
| ☐ Navigation | ☐ Food |
| ☐ Water | ☐ Repair |
| ☐ Fire | ☐ Power |
| ☐ Shelter | ☐ Communication |
| ☐ Medical | |



FIELD-READY

3 x 5 IN.



FINAL CHECK

- | | |
|---|---|
| ☐ Compression straps | ☐ Fuel |
| ☐ Hip belt | ☐ Water |
| ☐ Shoulder straps | ☐ Weather |
| ☐ Batteries | ☐ Emergency contact notified |



FIELD-READY

3 x 5 IN.



QR-11

CAMP BREAKDOWN CARD

FRONT

BEFORE LEAVING CAMP

- ☐ Fire completely extinguished
- ☐ Shelter packed
- ☐ Water filled
- ☐ Trash packed out
- ☐ Gear accounted for



FIELD-READY

3 x 5 IN.



FINAL SWEEP

- Look behind.
- Look below.
- Look above.
- Leave no equipment.
- Leave no trash.
- Leave no unnecessary trace.

**FIELD-READY****3 x 5 IN.**

PRINCIPLES

- Every item has a purpose.
- Every ounce has a mission.
- Preparation beats improvisation.
- Knowledge weighs nothing.
- Stay calm.
- Think before acting.

**FIELD-READY****3 x 5 IN.**

BRING THE LESSON HOME

- Small problems become large ones if ignored.
- Protect your feet.
- Stay dry.
- Never stop learning.
- Experience is earned.
- Return home.

**FIELD-READY****3 x 5 IN.**